

To register, go to the registration link on our web site www.pnsleep.net

Registration Fees:

Early Bird Late after 2/9

Technologist	\$150.00	\$180.00
Physician	\$250.00	\$300.00
Other Providers	\$175.00	\$225.00
Friday Workshop	\$150.00	
CME Fees	\$30.00 per person	

Contact Hours:

AAST CEC Program Application has been submitted for approval.

Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

ASET ACE Application has been submitted for approval.

RN and PA specific credits will not be applied for. Sorry for any inconvenience.

Accommodations:

The PNSA will book all hotel rooms for Skamania Lodge and in our Best Western block. Please indicate your selection during registration.

Skamania Lodge
www.skamania.com

Best Western Columbia River Inn
www.bestwesternoregon.com/Hotels/Cascade_Locks_ColumbiaRiverInn.htm

Target Audience:

This conference is designed for physicians, polysomnographic technologists, respiratory therapists, neurodiagnostic technologists, nurses and other healthcare professionals interested in the latest advances in sleep medicine.

Course Objectives:

A panel of distinguished speakers will present current developments and trends relating to Sleep Disorders Medicine. After attending this conference, attendees will have a working knowledge of:

General Sessions -

- Congestive Heart Failure and CSA.
- Guidelines for Home Testing.
- OSA and Heart Disease.
- Circadian Rhythm Sleep Disorders
- Diagnosis & Treatment of Narcolepsy.
- Metabolism & Sleep
- Treating the pediatric sleep patient.
- Actigraphy and Sleep.
- Issues of Sleep and Pain.

Friday Workshop Sessions -

- New scoring criteria & scoring rules.
- New Technologies in Pediatric Sleep.
- Mechanical ventilation.
- Central Sleep Apnea & Cheyne-Stokes.
- New equipment and treatment protocols.

To Register for the conference or to nominate someone for PNSA service go to www.pnsleep.net



Pacific Northwest Sleep Association Biennial Meeting

at
Skamania Lodge
March 13-15, 2009

Sponsored by:
Pacific Northwest Sleep Association

“How Sleep Works”

How Sleep Works

2009 PNSA Conference at Skamania Lodge

Friday, March 13, 2009

Friday Workshop Sessions 9am-4:30pm

PRE-REGISTRATION REQUIRED

Workshop

09:00-11:00 Practical Consideration and concerns of new scoring criteria.
Nic Butkov, RPSGT
Synapse Media, Inc.

11:00-11:15 Break

11:15-12:15 Practical CPAP Titrations for the pediatric / pre-teen population
Leah Schmalz, RPSGT
University of Calgary

12:15-13:30 Lunch Break
Box Lunch Provided

13:30-14:30 Understanding Mechanical Ventilation
John Seymour, RRT
Respironics, Field Specialist

14:30-16:30 Central Sleep Apnea & Cheyne-Stokes: Getting to the Heart of Treatment
Juan Knutson, RPSGT, CRT
ResMed, Field Specialist

16:30-17:30 Vendor Hall Open
Visit the vendors and enjoy wine & cheese

Workshop runs all day Friday. The fee is \$150.00, separate from General Registration. Attendees must pre-register for the workshop. Classes limited to the first 100 registered. Participants will be admitted with name badge.

Saturday, March 14, 2009

PRELIMINARY AGENDA

07:00-08:00 Registration / Vendor Display / Continental Breakfast

08:00-08:15 Welcome and Introduction
Dainis Irbe, MD, DABSM
PNSA Medical Director

08:15-09:15 Keynote Address: CHF & CSA: Prevalence, Impact & Management.
Shahrokh Javaheri, MD, DABSM
Sleep Care Diagnostics, Inc.

09:15-10:15 Clinical Applications For Home Testing
Vishesh Kapur, MD, MPH
UW Sleep Disorders Center

10:15-10:45 Break / Vendor Hall Open

10:45-11:45 OSA & Heart Disease
Shahrokh Javaheri, MD, DABSM
Sleep Care Diagnostics, Inc.

11:45-12:45 Circadian Rhythm Sleep Disorders
Jon Emens, MD, DABSM
Oregon Health & Sciences University

12:45-14:00 Lunch - Table Service / Vendor Hall Open

14:00-15:30 Diagnosis & Treatment of Narcolepsy
Emmanuel Mignot, MD, DABSM

15:30-16:30 Metabolism & Sleep
Holger Link, MD, DABSM
Oregon Health & Sciences University

16:30-17:30 Vendor Hall Open

17:30-18:00 PNSA Business Meeting

20:00-24:00 Saturday Night Social

Sunday, March 15, 2009

PRELIMINARY AGENDA

08:30-09:00 Continental Breakfast / Vendor Display / Announcement of New Officers

09:00-10:00 Keynote Address: OSA Diagnosis & Treatment in the Pediatric Population
Valerie Kirk, MD, DABSM
Alberta Children's Hospital

10:00-11:00 Actigraphy In Sleep
Mari Goldner, MD
Samaratin Sleep Disorders Center
Mark Reed, RRT
Respironics, Inc.

11:00-11:15 Break

11:15-12:15 Pain & Sleep
Dainis Irbe, MD, DABSM
Eugene Sleep Disorders Program

PNSA Board of Directors

Dainis Irbe, MD, DABSM.....Medical Director
Meaghan Smith.....President
Micah Nehring.....Past President
Candi Martinez.....Treasurer
Autumn Jensen.....Secretary
Shelli Cutting.....Alaska Representative
Patty Morgan..... Idaho Representative
Joel Glass.....Oregon Representative
Racheal Magruder Washington Representative

2007-2009